

SHORT BIOGRAPHY

DR SOHIER ELNEIL

CONSULTANT IN UROGYNAECOLOGY AND URO-NEUROLOGY, UCLH AND NHNN

HONORARY ASSOCIATE PROFESSOR, UNIVERSITY COLLEGE LONDON

Sohier Elneil is a Consultant Urogynaecologist and Uro-neurologist, based at University College Hospital and the National Hospital for Neurology and Neurosurgery (NHNN) in London. Her career started in Africa in the 1990's, where she trained in looking after women with complications of female genital mutilation (FGM) and childbirth, including fistula. The effects on women's lives were so destructive, that it galvanized her to undertake further training and research in the UK, looking at all aspects of the science and medicine of disorders of the pelvic floor in women including continence and prolapse issues, chronic pain, and the impact of benign gynaecology pathology on women's lives. As a result, she has been integral in developing/implementing and teaching colleagues in chronic pain, and in novel therapies including sacral neuromodulation, botulinum toxin treatment of the pelvic floor, restorative surgery for women with continence/prolapse mesh complications, FGM and obstetric fistula.

Pelvic floor dysfunction is an important aspect of women's health throughout the world. Sohier has extended her UK clinical and academic work experience and now also works with colleagues in Africa and Asia. She promotes women's health issues on a national and international scale, by encouraging dialogue between medical and paramedical experts, governments, and international organizations. By developing and endorsing globally accepted health policies, she believes it can truly empower women and improve their lives.

Consequently, she has been granted several awards in the last decade, including amongst others:

- 2009: One of the Top 13 Most Powerful Moslem Women in the United Kingdom, London, Muslim News and The Sunday Times Award
- 2018:
 - o NHS Patients Association and BBC One Show Healthcare Professional of the Year Award of 2018 (May)
 - o NHS Health Heroes Daily Mail Award, from Prime Minister Theresa May (September)
 - o Sudan Doctors Union Award for Outstanding Contribution to the Field, 2018 (October)
- 2019: UCLH Theatres Awards, Runner up Surgeon of the Year, 2019
 - o Zenith Global Health Award, Consultant of the Year, 2019.
- 2021: Celebration of 30 years of Daily Mail Health Campaigns Update on Awardees